

2025 Bellaire Barracudas - Welcome Packet



Welcome to the Bellaire Barracudas! We are looking forward to a great 2025 season!

Parent Meeting: Tuesday, April 29th, 6:30pm at the Centerpoint room above the Bellaire Pool

The Barracudas would like to offer swimmers the opportunity to continue to practice and develop their skills in the pool. We will be competing in the Southwest Aquatic League.

The following is a general information packet to answer questions about:

- * Safety Protocols
- * Guardian Volunteer Requirement
- * Team Suits
- * Practice Schedule and Procedures
- * Finals Schedule
- * Weather Policy

SAFETY PROTOCOLS

While this is not a requirement, we are asking:

- Please try to stay off deck unless you are dropping off or picking up swimmers
- Please do not bring your child to practice if you or any member of your family feels ill or is experiencing any symptoms.

GUARDIAN VOLUNTEER REQUIREMENT

Your help is VITAL. **We expect all guardians to volunteer for at least 2 volunteer shifts. We need YOU to make these meets run smoothly. Your child will not be able to swim if you do not volunteer. If you are not volunteering, please stay off the pool deck.** No prior experience is required. You must contribute in order for meets to run smoothly. Sign-ups are done through the Sports Engine (formerly TeamUnify) website by selecting the Event, then Job sign up. Job descriptions can be found under the Team Info then Volunteer Jobs Description tab.

TEAM SUITS (STRONGLY RECOMMENDED)

Please go to the Swim Outlet website to order our team suit online (Sporti brand, Light Wave in Purple/Black). These suits ship quickly, we will have a set of sizing suits the first week of practice to try on if needed.

Follow this link: www.swimoutlet.com/bellaireswim/

PRACTICE SCHEDULE

There are no weekly attendance requirements for practice. The more your swimmer attends the faster they become! Swimmers must compete in at least one dual meet to swim in prelims. We encourage all our swimmers to attend prelims so that we can send as many swimmers as possible that qualify to finals!

Afternoons: May 5th - June 4th (No practice 5/14 or 5/26)

Monday - Friday

All Practices at Evergreen

<u>Time</u>	<u>Age</u>
4:45-5:15pm	5-6
5:15-6pm	7-8
6-7pm	9-10
7-8pm	11-17

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Mornings: June 5th - June 27th (No Practice the day after a swim meet)

Monday - Friday

All Practices at Evergreen

<u>Time</u>	<u>Age</u>
7-7:45am	7-8
7:45-8:45am	9-10
8:45-9:15am	5-6
9:15-10:15am	11-18
Night Practice:	
8-9pm	9-18 (Wed only)

PRACTICE PROCEDURES

- All swimmers will come to the pool during their designated age group time slot.
- We are asking that all guardians please stay off the deck during practices to help us limit the number of people on deck. If guardians would like to watch the practice you may stand outside of the gate or from your cars.
- Please limit the belongings to a towel, water, and goggles. We would prefer if all swimmers came to the pool in their swimsuits ready to swim!

MEET ARRIVAL TIMES:

- **Please arrive on time** for warm ups, and to be marked with events. Swimmers should arrive with their assigned competition number on their shoulder. Competition numbers will be assigned after the season starts and can be found under the competition number tab on the website.

MEET SCHEDULE

- Dates can be found on the Bellaire Barracudas Sport Engine site, you must be logged into your account.
- Please make sure to commit or decline for meets at least **THREE (3) days BEFORE** the meet. This can be done on the Events tab on the website.

WHAT TO BRING TO MEETS

- Lawn chairs
- Blanket / tarp to use on ground. Swimmers will be sitting on grass between races.
- Towels – at least 2
- Sunscreen, bug spray, t-shirts, cover-ups and/or shorts
- Goggles, team suit and swim cap
- Healthy snacks (can include fruit, sports drinks, granola or protein bars, etc.)
- We encourage families to bring along something small and quiet for swimmers to play with while waiting between races.

WEATHER POLICY

We do not cancel practice because of rain; we ONLY cancel if there is thunder/lightning in the immediate area or flooding and it is unsafe to travel.

Please refrain from contacting our coaching staff regarding whether or not practice is canceled due to weather. If we decide to cancel a practice we will notify you via email ASAP, if you do not hear from us we have not canceled that practice. Systems can move quickly through the area so please be patient with us as we try our best to not cancel unless necessary.